

HistEase[®]

Symptomatic relief of mild allergies

STRICTLY PRACTITIONER ONLY
ethical | innovative | dedicated



Pack Size: 60 soft gel capsules.

WARNING: If you are pregnant, or considering becoming pregnant, do not take vitamin A supplements without consulting your doctor or pharmacist. When taken in excess of 3000 micrograms retinol equivalents, vitamin A can cause birth defects. The recommended daily amount of vitamin A from all sources is 700 micrograms retinol equivalents for women and 900 micrograms retinol equivalents for men.

Directions for Use: Adults take 2 capsules twice daily with water, and children over the age of 6 take the contents of 2 capsules once or twice daily with water, or as directed by your healthcare practitioner.

Storage Guide: Store below 25°C in a cool, dry place.

Further warnings: If symptoms persist, talk to your health professional. Contains soya bean products and sulfites.

Often used in conjunction with:

- C-Max
- Adalase
- PEA range
- NAC range
- Rhinostat



Thymocid[®] is a proprietary *Nigella sativa* seed oil produced by solvent-free cold pressing, and standardised to Thymoquinone.

Product Highlights

Suitable for acute and chronic applications

Unique combination of high-quality ingredients in therapeutic doses

Contains clinically researched *Nigella sativa* oil

Divided dosing for continuous therapeutic action

Low excipient formula

Strictly Practitioner Only

Each HistEase[®] soft gel capsule contains:

Quercetin	300 mg
<i>Nigella sativa</i> (Black cumin) seed oil fixed (as Thymocid [®] extract)	450 mg
Rutoside	125 mg
Retinol palmitate	103 micrograms
equiv. vitamin A	56 micrograms retinol equivalents
equiv. vitamin A	187 IU

Product Indications:

- *Nigella* relieves symptoms of allergic rhinitis in adults and children over 6 years of age
- Quercetin helps relieve symptoms of mild allergies
- Vitamin A supports gastrointestinal and respiratory mucous membrane health
- Quercetin helps reduce mild gastrointestinal tract inflammation
- Vitamin A supports immune system health