



**Pack Size:** 60 and 150 hard capsules.

**Dosage:** **WARNING:** The recommended daily amount of vitamin A from all sources is 700 micrograms retinol equivalents for women and 900 micrograms retinol equivalents for men. When taken in excess of 3000 micrograms retinol equivalents, vitamin A can cause birth defects. If you are pregnant, or considering becoming pregnant, do not take vitamin A supplements without consulting your doctor or pharmacist.

Take 1 capsule twice daily with water, or as directed by your healthcare practitioner.

**Warnings:** This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist, talk to your health professional. Use only if cap seal is unbroken. Contains soya bean products.

**Storage guide:** Store below 25°C in a cool, dry place.

### Often used in conjunction with:

- Omega Ease
- Rhodiola Complex®
- Vitamin C range
- BioActivated Magnesium

## Product Highlights

Unique vegan, low excipient, comprehensive formula

Contains essential minerals and multi-form B-vitamins to support the health of the immune, cardiovascular and nervous systems and cognitive function

Naturally chlorophyll-coloured vegetable capsule for optimal nutrient protection

Convenient capsule form to increase patient compliance and allow for flexible prescribing

Strictly Practitioner Only

### Each BioTress® capsule contains:

Retinol acetate	177.1 micrograms	Phytomenadione (Vit K1)	50 micrograms
equiv. Vitamin A	150 micrograms	Citrus bioflavonoids extract	12.5 mg
retinol equivalents		Hesperidin	7.5 mg
equiv. Vitamin A	500 IU	Rutoside	2.5 mg
Thiamine hydrochloride	41.24 mg	Calcium (from calcium phosphate)	5 mg
Riboflavin (Vit B2)	15 mg	Chromium (from chromium picolinate)	25 micrograms
Nicotinamide	107.5 mg	Copper (from copper gluconate)	50 micrograms
Nicotinic acid	2.5 mg	Iodine (from potassium iodide)	65 micrograms
Calcium pantothenate	75 mg	Magnesium (from magnesium amino acid chelate)	10 mg
Pyridoxine (Vit B6)		Manganese (from manganese amino acid chelate)	500 micrograms
total content	15.1 mg	Molybdenum (from molybdenum trioxide)	50 micrograms
from:		Potassium (from potassium citrate)	4.5 mg
Pyridoxine hydrochloride	10 mg	Selenium (from selenomethionine)	25 micrograms
Pyridoxal 5-phosphate monohydrate	10.7 mg	Silicon (from silica-colloidal anhydrous)	6 mg
Folic acid	95 micrograms	Zinc (from zinc citrate dihydrate)	7.5 mg
Calcium folinate	114 micrograms	Peppermint Oil	1 mg
equiv. Folic acid	105 micrograms		
Cyanocobalamin (Vit B12)	200 micrograms		
Biotin	50 micrograms		
Choline bitartrate	25 mg		
Inositol	12.5 mg		
Ascorbic acid	100 mg		
Colecalciferol	6.25 micrograms		
equiv. Vitamin D3	250 IU		
d-alpha-Tocopheryl acid succinate	41.3 mg		
equiv. d-alpha-Tocopherol (Natural Vit E)	50 IU		

Chlorophyll coloured capsules.